

AMBER KIVETT

ATC • LAT • CSCS • FMS • FMT

QUALIFICATIONS • CERTIFICATIONS • SPECIALTIES

- 2002: NATABOC Certified Athletic Trainer (ATC), Licensed in the State of Indiana
- 2002: NSCA Strength Conditioning Specialist Certified
- 2004: National Board for Certification Orthopaedic Technologists (OTC) Certified
- 2005: CHEK Institute: Medicine Ball Training
- 2007: Institute of Human Performance: Body Weight Training
- 2007: Institute of Human Performance: Medicine Ball Training
- 2007: Institute of Human Performance: Functional Training
- 2007: Institute of Human Performance: Stability Ball Training
- 2008: Hesch Method Hip/Sacrum/Spine Specialist
- 2008: Gray Institute Functional Hip Biomechanics
- 2009: Gray Cook Functional Movement Screen Level 1-2 Certified
- 2013: John Brookfield Battling Ropes and Bodyweight Training Level 1 Coach
- 2013: NASM Mixed Martial Arts Conditioning Specialist Certified
- 2013: NASM Weight Loss Specialist Certified
- 2014: Jillian Michaels BODYSHRED Instructor Certified
- 2016: Athletes Accelerated: Certified Speed and Agility Coach
- 2016: TRX CORE: Professional Member
- 2016: Functional Movement Screen: Professional Member
- 2017: DoTerra Aromatouch Technique Massage Certified
- 2017: Functional Movement Techniques (FMT): Level 1-RockTape Doc Certified
- 2017: Functional Movement Techniques (FMT): IASTM Therapeutic Massage Certified
- 2017: Kivett Kinetic Solutions became an official CMP RockTape Medical AMP Facility
- 2017: Todd Durkin Mastermind Platinum Team Member (Only 175 members globally)
- 2017: National Sports Performance Association: Certified Speed and Agility Coach
- 2019: Amazon Best-Seller "Dear Her" Paperback: Co-Author
- 2019: Functional Movement Techniques (FMT): RockPods Cupping Practitioner Certified
- 2019: MPS Dolphin Integrated Acupuncture: Scar and Pain Management
- 2019: MPS Dolphin Integrated Acupuncture: Concussion Recovery Protocol
- 2019: American Massage Therapy Association: Advanced Sports Massage Application
- 2019: Creator: Massage Gun Applications Techniques Course
- 2019: Creator: KIPRS-Kivett Instant Pain Relief Systems
- 2020: Official Spokesperson & Professional Model for LifePro Recovery Tools LLC
- 2020: Canada Cupping: Evidence Informed Advanced Clinical Cupping
- 2020: TRX Core Certified
- 2020: American Heart Association Healthcare Professional CPR/AED/First Aid
- 2020: Theragun Medical Practitioner Certified
- 2020: Endorsed by Todd Durkin (Drew Brees' Performance Coach) for KIPRS
- 2020: Endorsed by Several Celebrity Performance and Kinesiology Coaches for KIPRS
- 2020: Featured Speaker for Innovate Athletic Trainers Association presenting "TRAGIC TO MAGIC"
- 2020: Featured by PopSugar.com as an expert in Massage Gun Mechanical Vibration
- 2021: Featured by Forbes as an expert for "Wellness Trends in 2021"
- 2021: Featured by Prevention Magazine as an expert for "Massage Gun Technology"
- 2021: Featured by Natural Awakenings as an expert for "Natural Pain Relief"
- 2020: Ambassador, B3 BFR Science
- 2021: B3 BFR (Blood Flow Restriction) Sciences Professional Certified
- 2021: FitFighter Professional Certified
- 2021: 1st Recipient of the Jack LaLanne "Pass It Forward" Award and Scholarship
- 2021: Ambassador, Endless Rope: The Upper Body Treadmill by Axios
- 2021: Featured Speaker for Indiana Athletic Trainers Association "Finding Wealth in Athletic Training"
- 2021: Featured by LiveStrong as an expert in strength training
- 2022: Featured Speaker for the National Athletic Trainers Association (NATA) COPAcon
- 2022: Featured Speaker for the Business of Athletic Training (BOAT) Academy



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